



Please take a moment to help assess the current life stage of your group. Circle the answer below that best summarizes your current feelings about your group. Please choose only one answer per question.

1. My relationship with other members during group is;

- A. New, fresh and I'm still learning everybody's names and spouses
- B. Growing with almost everybody, I see multiple friendships starting
- C. My relationships have grown deep and I see the need to help others experience what I have experienced
- D. I greatly look forward to seeing everybody during group each week
- E. Taking shape, I connect well with some but not yet everybody

2. I feel my connection to other members of my group during the week is;

- A. An important part of my life, without the friendships I've built I would struggle to get by during the week
- B. Limited to an occasional "hey how are you" on Sunday mornings
- C. A regular part of my life, I fear what I will lose if I start new relationships with others who might need me
- D. Basically limited to group time as I don't see or talk to them otherwise
- E. Becoming more regular at church and sometimes happening during the week

3. My level of trust for those in my group would be characterized as;

- A. Strong but I'm concerned about changes coming and their impact on our level of trust
- B. I don't know them very well so I don't know if I trust them yet
- C. Taking shape, I am seeing people for who they are and trust them more now because of it
- D. A bit uncertain, I'm beginning to trust some people but not quite everybody
- E. High, I trust others of my group completely and believe I have their trust as well

4. I would say my ability to be open and honest with my group is;

- A. TBD, I don't know the group well enough to open up about myself
- B. In the early stages, I have opened up a bit but am still testing the waters
- C. Going well, I see group as a safe place to open up, I'm doing so more & more
- D. Very strong, I view transparency among group members to be an expectation and we all open up regularly
- E. Very good, I value each member and I'm not afraid to be open about my opinions even if they differ from group direction

5. I would say that the spiritual level of our discussion and study time is;

- A. Gaining more focus, spiritual conversations are more regular and meaningful
- B. Focused mostly on how we can reach, love and serve others for the Kingdom
- C. Deep, most all our conversations have a significant spiritual tone and our real life decisions are regularly impacted by discussions during group time
- D. Pretty shallow as we are all still getting to know one another
- E. Getting deeper as we start to share more about our spiritual lives on occasion

6. I would say that prayer for our group is;

- A. Part of our meeting that is beginning to find some personal value
- B. A significant part of our lives as we pray with and for one another, inside of group and outside of group
- C. Something we emphasize more and do together as a group for our own personal needs and requests
- D. Something we do weekly but not emphasized over any other part of our time
- E. Prayers are more focused on helping others and allowing God to move us toward greater impact in our community



7. My commitment to my group is;

- A. Stronger, I find the meetings more meaningful and miss out when I can't attend
- B. Growing as I search to decide how much I can and will commit
- C. Limited to showing up and doing what I'm supposed to at each meeting
- D. So strong that I'm scared of what I'll lose if we change or reinvent ourselves
- E. High, this group is very important to me and seriously impacts my life decisions

8. My commitment to others in this group is;

- A. Very deep, I am seriously committed to the leader, members and group as a whole
- B. Increasing, once I know them more and clearly understand my role I will be more committed
- C. Growing in significance, I see myself committing more to the group and members each week
- D. Strong enough to scare me when we talk about taking a break for the summer or at all
- E. Basically limited to saying "hi" to them each week as I arrive

9. I feel cared for and loved in this group;

- A. Somewhat by the leader but not yet by much of anybody else
- B. I know I am loved unconditionally by the members of our group, the good and the bad, I trust deeply in their friendships
- C. I cannot see ever losing these relationships but understand that others in our community need loved the same way I do, so I may surrender myself for others
- D. Often from our leader but others haven't yet had much opportunity
- E. I feel cared for regularly within our group and appreciate how others treat me

10. I feel a sense of love and care for;

- A. My love and care extends to a deep concern for others outside of my group and this is a significant part of our prayer time as a group
- B. Each person individually, I love them for who they are in spite of their past, personality or circumstances
- C. So far not much of anybody
- D. My leader, I'm starting to appreciate what he/she is doing
- E. Other group members, I want them to know that I enjoy and appreciate our relationship

11. I would say the energy level of our group is;

- A. Energy is strong and we are excited about where the group is going
- B. Growing but a bit uncertain as we try to figure out where we're headed
- C. Waning, we have been at this a while and are in need of a change
- D. Okay, we're new at this so that remains to be determined
- E. Momentum is consistent and has been strong for many weeks and/or months now

12. I would say to move our group to the next level we need to;

- A. Let us do our thing, we need most to really push, pray for and encourage one another to the next level
- B. Share leadership- make sure each of us has a role and exhibits care for each other personally
- C. Set some clear standards and boundaries; establish the basis for our group goals and purpose
- D. Think outside of the box, find ways to better serve and love others beyond ourselves
- E. Be consistent- create a setting where people can get acquainted and become comfortable with one another



Scoring Instructions:

1. Circle the answer selected with the corresponding number beside the letter.
2. Add the numbers up. This is easiest by first summing the columns and then combining the columns.
3. Write the total down in the assessment score.
4. Looking at the key you will find the Life Group Stage based on your assessment score.

1	A	1	2	A	4	3	A	5	4	A	1	5	A	3	6	A	2
	B	3		B	2		B	1		B	2		B	5		B	4
	C	5		C	5		C	3		C	3		C	4		C	3
	D	4		D	1		D	2		D	4		D	1		D	1
	E	2		E	3		E	4		E	5		E	2		E	5

7	A	3	8	A	4	9	A	1	10	A	5	11	A	3	12	A	4
	B	2		B	2		B	4		B	4		B	2		B	3
	C	1		C	3		C	5		C	1		C	5		C	1
	D	5		D	5		D	2		D	2		D	1		D	5
	E	4		E	1		E	3		E	3		E	4		E	2

Sum _____ + _____ + _____ + _____ + _____ + _____

Assessment Score:

Forming	Emerging	Connecting	Belonging	Refining
12 – 19	20 – 29	30 – 40	41 – 51	52 – 60

Life Group Cycle: _____